

City of Central Point

Recreation Guide

FALL 2023

CLASSES • COMMUNITY EVENTS • PROGRAMS



R | SEPTEMBER | OCTOBER
| OCTOBER | NOVEMBER
NOVEMBER | DECEMBER



NOVEMBER | DECEMBER
DECEMBER | SEPTEMBER
SEPTEMBER | OCTOBER |



4TH OF JULY RUN 4 FREEDOM



PARKS & RECREATION DAY!



PARKS & REC DAY SPONSORS



PARKS & RECREATION DAY!



MOVIES IN THE PARK SUNSET



4TH OF JULY RUN



MADE IN SOUTHERN OREGON



4TH OF JULY TEAM BURGERS!



BARBIE MOVIE TEAM BUILDING!



TENNIS CAMP!



CHRISTMAS IN JULY

SUMMER MEMORIES

with Central Point Parks & Rec

THANK YOU TO ALL WHO PARTICIPATED IN OUR SUMMER PROGRAMMING! FROM CAMPS TO MOVIES IN THE PARK, TO THE 4TH OF JULY CELEBRATION AND CHRISTMAS IN JULY, WE LOVE SEEING OUR COMMUNITY COME TOGETHER!

STAY CONNECTED THIS FALL



@GREENPARKSCP
PARKS@CENTRALPOINTOREGON.GOV
541.664.3321 EXT 130



PUBLIC WORKS CR



RASCAL RODEO VOLUNTEERS



4TH OF JULY FIREWORKS



CAMP BIRTHDAY CELEBRATION

Your Central Point PARKS & RECREATION TEAM HARD AT WORK



WORKING THIS HARD IS NEVER ENDING FOR OUR RECREATION MANAGER NIKKI. SHE IS TIRELESS WORKING ON KEEPING EVERYTHING RUNNING SMOOTHLY. WE NEVER FIND HER RELAXING OR TAKING ANYTIME TO HERSELF. WE ARE ALL SO LUCKY TO HAVE HER ON OUR TEAM!



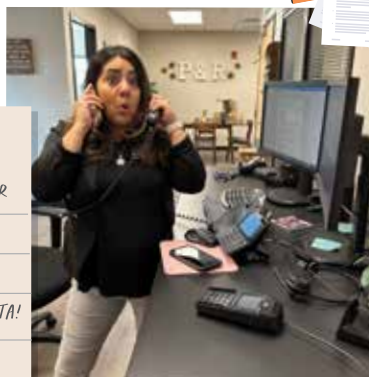
TESTING THOSE SLIDES!

MANY PEOPLE THINK THAT SLIDES ARE JUST FOR KIDS, BUT OUR PARKS CREW TAKES USING THE SLIDES SERIOUSLY. EVEN IF THAT MEANS SPENDING THE DAY TESTING THE EQUIPMENT OUT PERSONALLY.



PARK CREW INSPECTION

IT TAKES A LOT TO MAKE OUR PARKS LOOK PICTURE PERFECT, AND WE ARE VERY LUCKY WE TOOK THIS CANDID PHOTO OF OUR PARKS CREW, YOU KNOW YOU'RE IN GOOD HANDS WHEN THEY BRING OUT THE SCISSORS!



MARGARITA ON THE PHONES

NOW THAT OUR FALL CLASSES ARE OFFICIALLY UNDERWAY, OUR AMAZING RECREATION SPECIALIST MARGARITA IS READY TO MULTITASK AND TAKE ALL OF YOUR CALLS. WE CAUGHT HER PRACTICING HER MULTITASKING TODAY. GREAT JOB MARGARITA!



FOR OUR RECREATION PROGRAM COORDINATOR, RECREATION CLASSES ARE MORE THAN JUST AMAZING YOGA SESSIONS, YUMMY COOKING CLASSES OR FUN FILLED BASKETBALL CAMPS; OUR CLASSES ARE SERIOUS BUSINESS. HE TAKES GREAT PRIDE AND MAKING SURE EACH AND EVERY PIECE OF EQUIPMENT IS UP TO HIS STANDARDS, EVEN IF THAT MEANS TESTING OUT EACH AND EVERY WEIGHT BY HIMSELF!



ELIZABETH ATTACKED BY CHRISTMAS

WATCH OUT! OUR SPECIAL EVENT COORDINATOR IS ATTEMPTING TO WRANGLE CHRISTMAS! SHE IS VERY BUSY PLANNING ALL OF OUR FALL ACTIVITIES AND DESPITE WHAT THE PICTURE MAY SHOW, BUT SHE HAS IT ALL UNDER CONTROL! LEARN MORE ABOUT OUR SPECIAL EVENTS ON PAGES 6-11.

City of Central Point

CENTRAL POINT PARKS MAP

@greenparkscp



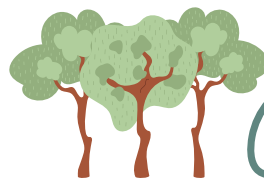
CENTRAL POINT BEAR CREEK GREENWAY PARK DESIGN SURVEY

Following the September 2020 wildfire that devastated the Central Point section of the Bear Creek Greenway, the City of Central Point took a proactive approach to managing the area. We have implemented regular maintenance measures to minimize the risk of future fires and have increased police patrols to improve public safety. For the next step in the management process, the Central Point Parks Department has contracted with Scharen Design Studio to develop a park design for the area.

This particular section of the Greenway trail boasts several natural features, including Bear Creek, Elk Creek, Espy Pond, a wetland, and riparian areas. Preserving and restoring these natural spaces is a crucial objective of the park design. Simultaneously, the design aims to ensure public accessibility to these locations, allowing people to have direct and meaningful experiences of the area with outdoor education being an important element.

Additionally, we envision incorporating elements of active recreation into the new park. We are considering options such as a dog park, a natural playground, a pump track, a Frisbee golf course, or a mountain bike skills course. However, we do not wish to design this park in isolation. We value our resident's opinions and encourage each of you to contribute to the development of this new park. We expect this planning process to take a year to complete and there will be various opportunities along the way for public comment, including public meetings and open houses.

We would appreciate you taking a few minutes to take a survey related to this park design project. Please click on the QR code or the link below to access the survey. Survey will be open until the end of the year. Thanks and we look forward to hearing from you. For more information about this project, contact Dave Jacob, Park Planner.



Central Point PARK UPDATES

DISCOVER YOUR CENTRAL POINT PARKS & RECREATION FOUNDATION!

Central Point's Parks and Recreation Foundation is a 501(c)3 non-profit that supports Central Point Parks and Recreation Department projects and activities. While our City strongly supports our parks, sometimes extra financial help is needed to accomplish what our tax dollars cannot. The foundation exists to fill this need. Here are a few of the things that the Foundation has supported over the past year:

- Purchase of park signs and benches.
- The "Plant a Thousand Daffodils" program planted 7,000 daffodil bulbs in local parks using donations from individuals, businesses, and organizations.
- Starting Jan. 1, the foundation will launch a scholarship program ensuring that children and seniors are able to attend our recreation department's wonderful classes.
- The Central Point Cemetery is undergoing a renaissance with the assistance of a foundation standing committee whose first priority is to fund work to maintain the trees on the property.
- In partnership with the City and volunteers, the foundation will provide funds to design and plant a pollinator garden at Flanagan Park. We hope to plant similar gardens in other public sites throughout the city.



- We have replaced flags and other monument elements, at the War Memorial and helped purchased memorial plaques at the Richardson Memorial and at Bohnert Park.
- The foundation sponsors the "My Veterans/My Hero Tribute Tree Program" which provides opportunities to celebrate family members who have served honorably in the U.S. military.
- The Foundation enhances recreational activities & special events by providing supplies, prizes, and volunteer support.

Our Board meets three to four times a year with members participating in various events and activities. We are currently seeking volunteers to serve on the board. Please consider joining us! Call Dave Jacob at (541) 423-1012 for an application. Help support these exciting programs. You can designate your contribution to a specific project mentioned above or give to the foundation's general fund. We appreciate your support!

FALL EDITION 2023



09.09.2023

Downtown Pine Street | 9am-4pm



Vendor Space Available

www.centralpointoregon.gov/madeinsouthernoregon

FREE ADMISSION!

FEATURING \$5 SAMPLES
FROM EACH FOOD TRUCK
COMPETITOR!

BATTLE OF THE



★ FOOD TRUCKS ★



PROUDLY SPONSORED BY

SIGN *Design Thru Delivery* DUDE

**09.30.2023 | ROBERT PFAFF PARK
11AM-4PM | CENTRAL POINT, OR**

FOOD/MUSIC/DRINKS

CENTRALPOINTOREGON.GOV/BATTLEOFTHEFOODTRUCKS



CITY OF CENTRAL POINT

HISPANIC

HERITAGE CELEBRATION

22
SEPT.

Twin Creeks Park

555 Twin Creeks Xing
Central Point, OR

5
PM

★ MOVIES IN THE PARK ★ COCO ★

★ ZUMBA ★ LOTERIA ★ PIÑATAS ★ FREE CRAFTS ★ FOOD TRUCKS

★ MARIACHI JOYA DE ORO ★ BALLET FOLKLORICO RITMO ALEGRE ★ JRS DJ MUSIC ★

THE MOVIE STARTS
AFTER 8:30PM

PROUDLY SPONSORED BY



DIRT

DIRTLEARNBYDOING.ORG

new website!

Did you know?...

DIRT is a Central Point nonprofit creating community, connecting people, and bringing hands-on opportunities to all ages.

gather
+ make

A free monthly program
Central Point Aboretum
Open to all ages

Southern Oregon
SUBARU
sosubaru.com



hello@dirtlearnbydoing.org



★ TRICK-OR-TREAT ★

CENTRAL POINT CHAMBER

Treasure Hunt

Downtown Central Point

Children of all ages welcome!

For more information about the Trick-or-Treat Treasure Hunt visit the Chamber website, our social media pages, or give us a call



Saturday, October 28th / 11 AM - 1 PM

f @centralpointchamber

centralpointchamber.org

(541)664-5301

CENTRAL POINT
CHAMBER

LIAM'S TRUNK or TREAT

**FREE
EVENT!**

OCTOBER 21ST

TWIN CREEKS PARK / 4:00-6:00PM

To celebrate the life of Liam, a spunky-feisty little 2 year old, his family came together to find a way to honor his life. They wanted to see the smile of little Liam on all the faces of the children on Halloween. Thus began our event, Liam's Trunk or Treat, a free family-friendly event for children in our community. Liam's Trunk or Treat could not be possible without the generous donations from the community. If you are interested in donating or being a part of our event, please reach out to Central Point Parks & Recreation.

**DONATIONS
APPRECIATED!**



**TO REGISTER YOUR VEHICLE VISIT
WWW.CENTRALPOINTOREGON.GOV/LIAMS**

LIVING GIVING SUPPORTING LOCAL

YOUR Home. YOUR Credit Union.

At Rogue Credit Union, we're proud to support events that make Central Point such a great place to live, work and play.

Thank you for your loyal membership, Central Point!



ROGUE
CREDIT UNION

Central Point Branch
1200 Plaza Blvd
Central Point, OR 97502



THE SIXTH SENSE

— SATURDAY OCT. 28TH —

MOVIES IN THE CEMETERY

BRING LAWN CHAIRS / LIMITED SEATING AVAILABLE

TICKETS PRE-SOLD AT WWW.CENTRALPOINTOREGON.GOV/SCHEDULE

ALL PROCEEDS BENEFIT THE CEMETERY RESTORATIONS



DON JONES MEMORIAL PARK
OREGON FALLEN WAR HEROES MEMORIAL
SATURDAY, NOVEMBER 11TH, 9AM

JOIN US IN RECOGNIZING THOSE SERVICE MEMBERS, BOTH MEN AND WOMEN, WHO HAVE SERVED AND SACRIFICED FOR OUR COUNTRY. THE MEMORIAL IN CENTRAL POINT CONTAINS THE NAMES OF NEARLY 6,000 OREGON SERVICE MEMBERS WHO HAVE DIED IN THE LINE OF DUTY FROM THE CIVIL WAR TO THE PRESENT

EVENT SUBJECT TO CHANGE DUE WEATHER OR UNFORESEEN CIRCUMSTANCES



Community Christmas

Parade starts at 5pm
Tree Lighting to follow



City Hall & Pine Street

140 South 3rd Street, Central Point OR

City Hall & Pine Street

140 South 3rd Street, Central Point OR

Be a part of our Lights Parade! Email us at parks@centralpointoregon.gov

Community
CUPIDS
Holiday Edition!

Spread some holiday cheer to our Senior Citizens!

www.centralpointoregon.gov/communitycupids



YOUTH PROGRAMS

ROWDY'S CHRISTMAS BREAK DAY CAMPS!

Ages 6 to 12

Come spend your winter break with Central Point Parks and Recreation! Our winter break day camps includes Christmas crafts, games, and week long activities. Each week features a different theme that will make learning exciting and enjoyable. Our winter break camps are for children ages 6-12.

INSTRUCTORS: Parks & Rec Staff

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 8:00am - 4:30pm

S1: Christmas Week

Dec. 18th - Dec. 21st | M - Th | \$130.00

S2: Lego Week

Dec. 26th - Dec. 29th | T - F | \$130.00



NEW!

MAGIC WITH A TWIST

Ages 6 to 14

In this interactive and exciting class, young apprentices will learn presentation skills, gain confidence through witnessing and learning illusion/magic tricks, and create their own balloon animals after the magical showcase. All supplies will be provided.

INSTRUCTORS: Delbert & Katheleen Lee

LOCATION: Haskell Room #2 | 235 S. Haskell St.

TIME: 10:00am - 12:00pm

S1: October 14th | Saturday | \$45.00

S2: November 4th | Saturday | \$45.00

BASIC DRAWING

Ages 7 to 14

Nurture your child's artistic journey as they expand their drawing expertise. Through this course, students will delve into the realms of observation, shading, and perspective, honing their skills in depicting people, architecture, landscapes, and still life. Classes can be taken individually or in a sequence. All materials provided!

INSTRUCTOR: Kelly Allen

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 4:00pm - 6:00pm

S1: Sept. 12th | Tuesday | \$35.00

S2: Sept. 19th | Tuesday | \$35.00

S3: Oct. 3rd | Tuesday | \$35.00

S4: Nov. 21st | Tuesday | \$35.00

INTRODUCTION TO LACROSSE!

Ages 6 to 15

Come have fun playing America's first sport! No experience is necessary and equipment will be provided. Please bring your favorite snack, water, and cleats or tennis shoes. Instruction will be led by Coach Mark Brown, 16 year Head Coach for SOU and Director of the Rogue Valley Youth Lacrosse Association.

INSTRUCTOR: Mark Brown

LOCATION: Civic Fields | 555 Twin Creeks Xing

TIME: 12:00pm - 1:00pm

S1: Oct. 21st - Nov. 18th | Sat. | \$55.00



I CAN PLAY GUITAR! WITH ROGUE MUSIC

Ages 6 to 15

This class is perfect for aspiring musicians who have never played guitar before, or for those who have had trouble with traditional guitar lessons in the past. In this course, students will learn the most common guitar chords and rhythms, as well as how to play their favorite songs in a low-pressure environment. *If you already have a guitar, be sure to bring it with you. However, if you do not have a guitar, a rental guitar will be provided. An adult with a valid driver's license can check out a rental guitar for free during the first class if needed.*

INSTRUCTOR: Rogue Music Lessons

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 5:30pm - 6:15pm

S1: Oct. 4th - Oct. 25th | Wed. | \$66.00

I CAN PLAY UKULELE! WITH ROGUE MUSIC

Ages 6 to 15

Learn the fundamentals of playing the ukulele in a fun, low-pressure environment! Students will learn the most common chords and rhythms and how to play their favorite songs. This class is perfect for anyone who has never played before or who has struggled with traditional lessons in the past. *If you already have a ukulele, be sure to bring it with you. However, if you do not have a ukulele, a rental ukulele will be provided. An adult with a valid driver's license can check out a rental guitar for free during the first class if needed.*

INSTRUCTOR: Rogue Music Lessons

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 5:30pm - 6:15pm

S1: Oct. 5th - Oct. 26th | Thursdays | \$66.00

BREAKFAST CLUB

Ages 8 to 14

Come & have fun learning how to make a yummy breakfast for your family! From Blueberry Scones to Pumpkin Bread, and everything in-between. There is something for everyone at the breakfast table!

INSTRUCTOR: Jenny Borchard

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 10:00am - 1:00pm

S1: Blueberry Scones & Smoothie Bowls:

September 16th | Saturday | \$45.00

S2: Dutch Babies with Fresh Fruit:

October 21st | Saturday | \$45.00

S3: Pumpkin Bread with Pumpkin Latte:

November 18th | Saturday | \$45.00



DINNER CLUB

Ages 8 to 14

We will teach kids how to cook dinner for the entire family, with a focus on kitchen safety, knife skills, and avoiding cross-contamination. Our student chefs will prepare the dinner in class and receive the recipes to take home and recreate the meal in your kitchen for your family. Each session will feature new recipes for students to learn and practice.

INSTRUCTOR: Jenny Borchard

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:00pm - 8:00pm

S1: Fajitas & Homemade Tortillas:

September 16th | Saturday | \$45.00

S2: Cannelloni with Filling & Sauce:

October 20th | Friday | \$45.00

S3: Fall Pumpkin Soup & Pumpkin Shaped Bread:

November 18th | Saturday | \$45.00

DESSERT CLUB

Ages 8 to 14

We will teach your little chef how to bake desserts for the entire family and send them home with the recipes so that they can showcase their skills in your kitchen. Our student chefs will learn basic baking skills and kitchen safety while creating new and impressive desserts.

INSTRUCTOR: Jenny Borchard

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:00pm - 8:00pm

S1: Devil's Cake w/ Raspberry Mousse:

October 21st | Saturday | \$45.00

S2: Holiday Battle of the Cupcakes:

December 9th | Saturday | \$45.00

HOLIDAY CRAFT NIGHT

Ages 7 to 15

Join us for a festive Holiday Kids Craft Night! Let your child's creativity shine as they craft delightful holiday-themed projects. A joyful evening of crafting, laughter, and holiday spirit awaits! All materials provided!

INSTRUCTOR: Kelly Allen

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 4:00pm - 6:00pm

S1: Dec. 5th | Tuesday | \$35.00

HOLIDAY MYSTERY BOX COOKING

Ages 8 to 14

This class is a fun twist on the competition style TV. show where contestants must cook a dish with a box of mystery ingredients. Come and have your kiddos show off their cooking skills!

INSTRUCTOR: Jenny Borchard

TIME: 5:00pm - 8:00pm

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

S1: December 8th | Friday | \$45.00



KIDS PAINT NIGHT

NEW!

Ages 7 to 14

Paint Nights are not just for adults! Kids will discover basic painting techniques as they create a new masterpiece weekly. No prior experience needed; this beginner-friendly class provides step-by-step acrylic instruction. Join for a fun and supportive atmosphere where creativity knows no bounds.

INSTRUCTOR: Kelly Allen

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 4:00pm - 6:00pm

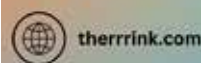
S1: Oct. 17th | Tuesday | \$35.00

S2: Oct. 24th | Tuesday | \$35.00

S3: Nov. 7th | Tuesday | \$35.00

S4: Nov. 14th | Tuesday | \$35.00

S5: Nov. 28th | Tuesday | \$35.00



THE RRRINK
DISCOVER SOUTHERN OREGON'S ONLY YEAR-ROUND ICE RINK. THE RRRINK IS HOME TO THE ROGUE VALLEY ROYALS TIER 3 JUNIOR A HOCKEY TEAM! WE OFFER PUBLIC SKATING, LEARN-TO-SKATE CLASSES, PRIVATE ICE RENTALS, HOCKEY TEAMS FOR ALL AGES INCLUDING GIRLS/WOMEN, BIRTHDAY PARTIES, AND SO MUCH MORE!

For more information find us on:



The Rrrink-Southern Oregon Ice Arena-LCC



the_rrrink



Address :
1349 Center Drive,
Medford, OR 97501

Phone :
541-770-1177

FISH & FRIENDS

Ages 3+

Learn about our UNDERWATER friends as we DIVE into the lives of FISH! Through engaging discussions, we'll not only explore local examples of 12 different species but also gain insights into the delicate ecosystems they inhabit. Delve into the intricate web of aquatic life, discovering the interplay between fish, their environment, and the human communities that rely on their presence. Special attention is given to the lives of Salmon. Visitors receive FISH coloring pages and the Salmon lifecycle diagram.

INSTRUCTOR: Bugs R Us

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 3:00pm - 4:00pm

S1: Sept. 23rd | Saturday | \$9.00

CREATE MAGIC LIGHT UP STAR WANDS

Ages 3+

MAKE an LED SHOOTING STAR MAGIC WAND - All supplies are included to make your own Shooting Star style LED wand...battery, LED, stars, dowel, tape, colored straw....you create it, you choose the colors, you take it home! And the best part is....it GLOWS even after you turn it OFF! Come join us for a magical afternoon of fun and creation!

INSTRUCTOR: Bugs R Us

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 3:00pm - 4:00pm

S1: October 7th | Saturday | \$12.00

BUGS & BUGS AS FOOD

Ages 3+

This is the ORIGINAL portable zoo! Witness some of the LARGEST preserved insects on EARTH! Some are larger than your HEAD! Special attention is paid to the world of insects, bug anatomy, bugs in the environment, what bugs eat, insect defenses, and camouflage. We will be PETTING LIVE INSECTS and eating some dead ones, too, at the end of the program!

INSTRUCTOR: Bugs R Us

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 3:00pm - 4:00pm

S1: November 4th | Saturday | \$9.00



STEM DINOSAURS!

Ages 3+

Go BACK IN TIME and learn about different species of well-known dinosaurs! The HISTORY of Dinosaurs is discussed as we explore REAL fossils, and pettable TEETH and CLAWS which will leave you with a greater appreciation of these incredible creatures that used to roam our planet. At the conclusion of the program, each visitor will get to do a DINOSAUR-FOSSIL dig and get to TAKE HOME what-ever or whom-ever you might find!

INSTRUCTOR: Bugs R Us

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 3:00pm - 4:00pm

S1: Dec. 2nd | Saturday | \$12.00

ART 4 JOY NEW! PAINT PARTY

Ages 5+

Experience creative delight at our kids' painting classes with treats! Suitable for ages 5 and up, including adults. Paint a themed picture - Halloween, Christmas, and more - using all provided supplies. Unleash your creativity while enjoying refreshments. Discover this year's designs and view examples of past paint parties at www.art4joyllc.com. Fun awaits!

INSTRUCTOR: Kim Samitore

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 4:00pm - 6:00pm

S1: Halloween Paint Party

October 28th | Saturday | \$35.00

S2: Give Thanks Paint Party

November 18th | Saturday | \$35.00

S3: Christmas Paint Party

December 16th | Saturday | \$35.00



CREATIVE TOTS DANCE NEW!

Ages 2 to 4

Join our exciting movement class designed for children ages 2 to 4! In this interactive session, your little ones will sample many styles of movement, following along to musical prompts with shakers in hand. Get ready to have a blast with your parent partner as you explore the joy of dance and play together.

INSTRUCTOR: Sarah Ginther

LOCATION: Haskell Rm 3 | 235 S. Haskell St.

TIME: 11:00am - 11:45am

S1: Sept. 14th - Oct. 19th | Th. | \$70.00

S2: Oct. 26th - Dec. 7th | Th. | \$70.00*

*No class on Thursday, Nov. 23rd

BALLET BASICS NEW!

Ages 4 to 6

Step into a warm and nurturing environment where your child can experiment with the grace and beauty of ballet. During this class, they will have a wonderful time dancing, having fun, and learning the fundamentals of ballet. No prior experience is required—just come with enthusiasm and eagerness to discover the magic of ballet!

INSTRUCTOR: Sarah Ginther

LOCATION: Haskell Rm 3 | 235 S. Haskell St.

TIME: 3:30pm - 4:15pm

S1: Sept. 12th - Oct. 17th | Tues. | \$70.00

S2: Oct. 24th - Dec. 5th | Tues. | \$70.00*

*No class on Tuesday, Nov. 21st

BALLET FUNDAMENTALS NEW!

Ages 7 to 10

Whether you have prior ballet experience or not, this class is open to all with a willingness to learn and a passion for dance. Join us for a fun and exciting journey as we explore the art of ballet together. Designed for 7 to 10-year-olds, come and improve your ballet skills in a supportive and encouraging setting, where you can unleash your creativity and build a strong foundation for your dance endeavors.

INSTRUCTOR: Sarah Ginther

LOCATION: Haskell Rm 3 | 235 S. Haskell St.

TIME: 4:30pm - 5:30pm

S1: Sept. 12th - Oct. 17th | Tues. | \$90.00

S2: Oct. 24th - Dec. 5th | Tues. | \$90.00*

*No class on Tuesday, Nov. 21st

HEALTH & FITNESS



LEARN TO DANCE SALSA NEW!

Ages 16+

Salsa is an incredibly fun and versatile dance style that is embraced throughout both South and North America. In this progressive class series, you will acquire the fundamental salsa steps, explore enjoyable variations, and swiftly cultivate your own dance style. We will guide you in dancing to both faster and slower tempos, ensuring your ability to engage in social dancing wherever you go. No prior experience or partner is required to sign up!

INSTRUCTORS: Derrik & Maria Coghill
LOCATION: Haskell Rm 3 | 235 S. Haskell St.
TIME: 6:30pm - 7:30pm
S1: Sept. 13th - Sept. 27th | Wed. | \$30.00

LEARN TO DANCE COUNTRY SWING NEW!

Ages 16+

Immerse yourself in the energetic world of Country Swing, a beloved dance found in clubs and bars across America. Join our progressive class to master the basics, explore fun variations, and develop partnering skills that let you dance with anyone. No partner or experience needed – just your passion! Get ready to ignite the dance floor and make memories that swing.

INSTRUCTORS: Derrik & Maria Coghill
LOCATION: Haskell Rm 3 | 235 S. Haskell St.
TIME: 6:30pm - 7:30pm
S1: Oct. 4th - Oct. 25th | Wed. | \$40.00



LEARN TO DANCE BACHATA NEW!

Ages 16+

Explore the irresistible charm of Bachata, a dance that has taken the United States by storm. Join our progressive class series to master the basics, discover fun variations, and cultivate your own style in no time. No partner or experience required – just your enthusiasm! Embark on this rhythmic journey and let Bachata's magic unfold.

INSTRUCTORS: Derrik & Maria Coghill
LOCATION: Haskell Rm 3 | 235 S. Haskell St.
TIME: 6:30pm - 7:30pm
S1: Nov. 1st - Nov. 15th | Wed. | \$30.00

SWING DANCING

Ages 16+

Swing has been a fun dance style since the 1920's and we are excited to share it with you! In this class series you will learn the basics of swing, fun variations, and the ability to start creating on your own. You will also learn how to dance to faster and slower tempos with ease so you can social dance anywhere. No partner necessary!

INSTRUCTORS: Derrik & Maria Coghill
LOCATION: Haskell Rm 3 | 235 S. Haskell St.
TIME: 6:30pm - 7:30pm
S1: Dec. 6th - Dec. 20th | Wed. | \$30.00

ZUMBA® NEW!

Ages 10+

Zumba® is a dance fitness workout that's perfect for everyone. It combines low-intensity and high-intensity moves to create a calorie-burning interval-style workout. Our certified Zumba instructors will lead you through a dynamic session that will boost your cardiovascular fitness, improve your coordination, and leave you feeling invigorated.

INSTRUCTOR: Armando & Ale
LOCATION: Haskell Rm 3 | 235 S. Haskell St.
TIME: 5:30pm - 6:30pm
S1: Sept. 29th - Oct. 20th | Fridays | \$30.00
S2: Oct. 27th - Nov. 17th | Fridays | \$30.00
S3: Dec. 1st - Dec. 22nd | Fridays | \$30.00

PEDIATRIC CPR & FIRST AID

Ages 8+

This is a hybrid training course with part one online. In this class you will learn the steps and procedures of dealing with medical/injury emergencies and how to perform CPR/AED. Part two will be in person where skills will be practiced and certification cards will be given. *After signing up, this class becomes non-refundable, due to the purchase of the online portion of the class in each participant's name. Please bring your completion certificate to the in person hands on session.*

INSTRUCTOR: First Response LLC
LOCATION: REC A Classroom | 405 S. 4th St.
TIME: 6:00pm - 7:00pm
S1: Sept. 26th | Tuesday | \$60.00
S2: Oct. 24th | Tuesday | \$60.00
S3: Nov. 28th | Tuesday | \$60.00
S4: Dec. 19th | Tuesday | \$60.00



SELF-DEFENSE CLASS

Ages 12+

Learn safety and awareness strategies from 24-time world self defense champion John Gill. This seminar combines verbal, psychological, and physical methods of self-defense to maximize both you and your children's personal safety and to develop self confidence. Get some great exercise while learning defensive techniques. No experience necessary. Very limited physical contact and is easy to learn. Please wear sportswear.

INSTRUCTOR: John Gill
LOCATION: REC A Classroom | 405 S. 4th St.
S1: Oct. 14th | 9am - 11am | Sat. | \$45.00
S2: Oct. 15th | 4pm - 6pm | Sun. | \$45.00

MORNING YOGA

Ages 16+

What better way to embrace your day than by taking a mid-morning pause? In this class, you'll enjoy gentle lengthening, strengthening, and balancing yoga poses, combined with energy-building breathing exercises. These techniques will steer your day in the right direction and help you stay energized throughout all your activities. Kathryn Reppond is a Yoga Alliance instructor.

INSTRUCTOR: Kathryn Reppond

LOCATION: Haskell Rm 3 | 235 S. Haskell St.

TIME: 10:30am - 11:30am

S1: Sept. 12th - Oct. 17th | Tues. | \$75.00

S2: Oct. 24th - Nov. 28th | Tues. | \$75.00

BODY LOGIC

Ages 16+

Offset the aging process by performing simple flexibility and strengthening techniques! In this class, you'll learn how making slight adjustments to your posture and alignment can make a big difference to your ease and range of movement. Exercises include stretching combined with isometrics, fascia releases, breathing facilitation, and mindfulness approaches. Please bring a mat and a small blanket or towel to class. Kathryn Reppond is a Yoga Alliance instructor.

INSTRUCTOR: Kathryn Reppond

LOCATION: Haskell Rm 3 | 235 S. Haskell St.

TIME: 10:30am - 11:30am

S1: Sept. 13th - Oct. 18th | Wed. | \$75.00

S2: Oct. 25th - Nov. 29th | Wed. | \$75.00

PILATES MOVEMENT

Ages 16+

Build awareness through movement linked with breath as you train core muscles. Exercises utilize the building blocks of core strengthening, balance, flexibility, alignment and stamina. Please bring a mat and a small blanket or towel to class. Kathryn Reppond is a Polestar Pilates Mat Instructor.

INSTRUCTOR: Kathryn Reppond

LOCATION: Haskell Rm 3 | 235 S. Haskell St.

TIME: 11:45am - 12:45pm

S1: Sept. 12th - Oct. 17th | Tues. | \$75.00

S2: Oct. 24th - Nov. 28th | Tues. | \$75.00

LEARNING TO PLAY PICKLEBALL

Ages 12+

This is an introduction to the very popular, addicting and health enhancing sport of Pickleball. This class is intended for folks who feel they are stuck at beginner status, or folks who are total newbies. You will learn the rules, basic strategies, and be introduced to others who are interested in playing Pickleball! A good quality paddle will be available to use or to buy.

INSTRUCTOR: Joel Heller

S1: Sept. 12th & Sept. 19th | Tues. | \$40.00

5:15pm - 7:00pm | Don Jones Park

S2: Sept. 14th & Sept. 21st | Thurs. | \$40.00

9:00am - 10:45am | Bohnert Farm Park

S3: Oct. 3rd & Oct. 10th | Tues. | \$40.00

5:15pm - 7:00pm | Don Jones Park

S4: Oct. 5th & Oct. 12th | Thurs. | \$40.00

9:00am - 10:45am | Bohnert Farm Park

S5: Nov. 7th & Nov. 14th | Tues. | \$40.00

5:15pm - 7:00pm | Don Jones Park



IMPROVING YOUR PICKLEBALL GAME

Ages 15+

This class is designed for people who actively play pickleball and want to learn techniques to increase consistency and skill level. We will work on strategies and variety of different kind of shots. Please bring a paddle and water bottle to class.

INSTRUCTOR: Joel Heller

LOCATION: Bohnert Farm Park

TIME: 9:00am - 10:45am

S1: Nov. 9th & Nov. 16th | Thursdays | \$40.00

SENIOR STRENGTH & MOBILITY

FREE!

Ages 50+

Join us for a morning of stretching and mobility training with Margie. Margie is a Personal Trainer and is certified by the American Council for Exercise. She specializes in specific exercises & mobility training for seniors. This free class is sponsored by Central Point Parks and Recreation. **Class is limited.** No Pre-Registration: First to come, first to exercise.

INSTRUCTOR: Margie Krakow

LOCATION: Haskell Rm 3 | 235 S. Haskell St.

TIME: 9:30am - 10:30am

S1: Sept. 11th - Dec. 18th | Mondays | Free!

S2: Sept. 14th - Dec. 21st* | Thursdays | Free!

*No Class on November 23rd

BEGINNING QIGONG AND TAI CHI

Ages 16+

Learn techniques to enhance balance, coordination, memory, and relaxation through guided practice of QiGong and Tai Chi forms. This class will incorporate a variety of slow movements, visualization, breath work, and self-massage. Practice can be done seated or standing.

INSTRUCTOR: Carolyn Wolf

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 10:00am - 11:00am

S1: Oct. 13th - Dec. 15th | Fridays | \$68.00

*No class on November 24th

YOGA FOR SENIORS

Ages 55+

Experience a revitalizing start to your afternoon in our tailored yoga class for seniors. Discover gentle stretches, flexibility-enhancing poses, and energizing breathing exercises led by our Yoga Alliance-certified instructor, Kathryn Reppond. Stay active and centered throughout your day.

INSTRUCTOR: Kathryn Reppond

LOCATION: Haskell Rm 3 | 235 S. Haskell St.

TIME: 11:45am - 12:45pm

S1: Sept. 13th - Oct. 18th | Wed. | \$75.00

S2: Oct. 25th - Nov. 29th | Wed. | \$75.00

ENRICHMENT

SUGAR COOKIE DECORATING

Ages 12+ w/ an Adult

No experience necessary! Learn to decorate with royal icing while creating fun holiday themed cookies that will wow your family and friends! We will decorate 5-6 cookies and learn creative techniques. Come prepared to have fun! All materials provided including recipes.

INSTRUCTOR: Marne Borecki

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

Session 1: Back to School!

Sept. 14th | 6:00pm - 8:30pm | \$55.00

Session 2: Halloween Faces!

Oct. 26th | 6:00pm - 8:30pm | \$55.00

Session 3: Give Thanks

Nov. 9th | 6:00pm - 8:30pm | \$55.00

Session 4: Classic Christmas Cookies

Dec. 14th | 6:00pm - 8:30pm | \$55.00



SUGAR COOKIE DECORATING: LEVEL 2

Ages 12+ w/ an Adult

This class is designed for students with Sugar Cooking Decorating experience! Come work on your skills and jump right in to learning new techniques. We will decorate 6 cookies and all materials will be provided, including the recipes.

INSTRUCTOR: Marne Borecki

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

Session 1: Peek-a-Boo!

Oct. 5th | 6:00pm - 8:30pm | \$66.00

Session 2: Fall Latte*

Nov. 11th | 12:00pm - 2:30pm | \$66.00

*Location: Rec A Classroom

Session 3: Gingerbread House

Dec. 7th | 6:00pm - 8:30pm | \$66.00



OKTOBERFEST & SAUERKRAUT NEW!

Ages 12+

Embrace the spirit of Oktoberfest with a sauerkraut-making class that perfectly complements sausages and hotdogs. Crafting your own sauerkraut reveals its exceptional flavor and incredible health benefits. Bring a friend along and you're in for a fantastic time celebrating the joy of homemade delights.

INSTRUCTORS: Food Preservers Association of Jackson County

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 10:00am - 12:30pm

S1: October 7th | Saturday | \$28.00

CHARCUTERIE CHEESES & BUTTER NEW!

Ages 10+

Discover the simple techniques for crafting homemade cheeses, butter, yogurt, and more! These time-honored skills not only have the potential to save you money at the grocery store but also offer enjoyable entertainment. If you've never experienced the delight of tasting freshness, you're in for a treat. Please remember to bring an apron.

INSTRUCTORS: Food Preservers Association of Jackson County

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 10:00am - 12:30pm

S1: Nov. 11th | Saturday | \$28.00



HANDCRAFTED CARD MAKING CLASS

Ages 12+

Who doesn't adore the joy of receiving a beautiful handmade card? Just in time for the holiday season, join us to master the art of card making using rubber stamps, punches, dies, and exquisite premium paper. All necessary supplies will be provided to craft three charming all-occasion or special event cards.

INSTRUCTOR: Emily Stout

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 2:00pm - 4:00pm

S1: September 23rd | Saturday | \$18.00

S2: October 28th | Saturday | \$18.00

S3: November 18th | Saturday | \$18.00

S4: December 9th | Saturday | \$18.00



ADULT COOKING CLASSES NEW!

Ages 18+

Join us for our Adult Cooking Classes where you'll master essential culinary skills and learn to create delicious dishes from scratch. Our experienced instructor will guide you through each step, ensuring you leave with newfound kitchen confidence and mouthwatering recipes to impress. No experience necessary—just bring your appetite for learning and great food! All materials will be provided.

INSTRUCTOR: Jenny Borchard

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:00pm - 8:00pm

Session 1: Homemade Dumplings

September 15th | Friday | \$50.00

Session 2: Pumpkin Raviolis w/ Sage Cream

November 17th | Friday | \$50.00



UKULELE FOR THE AGELESS NEW!

Ages 55+

Discover the joy of playing the ukulele in a fun and supportive class for new musicians aged 55 and up. Learn your favorite songs in a low-pressure environment. Bring your own ukulele or use one of our provided rentals at no extra cost. Join us for a rewarding ukulele journey presented by Rogue Music Lessons!

INSTRUCTOR: Rogue Music Lessons

LOCATION: REC A Classroom | 405 S. 4th St.

S1: Oct. 5th - Oct. 26th | Thursdays
4:30pm - 5:15pm | \$66.00

SIP & PAINT WITH ART 4 JOY NEW!

Ages 10+

Enjoy a fun night out of painting! All supplies are included, and beverages and snacks are provided. Classes will be taught in a step-by-step format, with easy-to-follow instructions. Paintings will be themed for the seasons and holidays. To see the lineup of paintings for a specific date visit www.art4joyllc.com or www.facebook.com/art4joyllc.

INSTRUCTOR: Kim Samitore

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 6:30pm - 9:00pm

S1: September 15th | Friday | \$50.00

S2: September 22nd | Friday | \$50.00

S3: October 6th | Friday | \$50.00

S4: October 20th | Friday | \$50.00

S5: November 3rd | Friday | \$50.00

S6: November 17th | Friday | \$50.00

S7: December 1st | Friday | \$50.00

S8: December 8th | Friday | \$50.00

S9: December 15th | Friday | \$50.00



BEGINNER UKULELE WITH ROGUE MUSIC

Ages 15+

This is the perfect ukulele class for anyone who has never picked up a ukulele before or for anyone that struggled with traditional lessons in the past. With this simple step-by-step approach, you'll play songs you recognize within the first 15 minutes of picking up your instrument! Intended for new musicians at least 14 yrs. old, and no one is too old to start. Presented by Rogue Music Lessons. *If students already have a ukulele they should bring it with them. If not, a rental is available free of charge and can be checked out at the first class by an adult with a valid driver's license.*

INSTRUCTOR: Rogue Music Lessons

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 6:30pm - 7:15pm

S1: Oct. 5th - Oct. 26th | Thursdays | \$66.00



BEGINNER GUITAR WITH ROGUE MUSIC

Ages 15+

This is the perfect guitar class for anyone who has never picked up a guitar before, or for anyone that has struggled with traditional lessons in the past. With this simple, step-by-step approach you'll be playing songs you recognize within the first 15 minutes of picking up your instrument! Intended for new musicians at least 15 yrs old, and no one is too old to start. Presented by Rogue Music Lessons. *If students already have a guitar they should bring it with them. If not, a rental guitar is available free of charge and can be checked out at the first class by an adult with a valid driver's license.*

INSTRUCTOR: Rogue Music Lessons

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 6:30pm - 7:15pm

S1: Oct. 4th - Oct. 25th | Wednesdays | \$66.00

CRICUT FOR BEGINNERS NEW!

AUTUMN DOOR SIGN

Ages 10+

Create a charming Fall sign using vinyl cut with Cricut Explore or Maker machines. Perfect for beginners, all materials and equipment for six attendees will be provided. Join us for a delightful and rewarding crafting experience!

INSTRUCTOR: Cyndi Weeks

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 2:00pm - 4:00pm

S1: September 16th | Saturday | \$30.00

CRICUT FOR BEGINNERS NEW!

THANKSGIVING APRON

Ages 10+

In this class, everyone will have the opportunity to add a festive iron-on design to an apron, just in time for Thanksgiving. The project is designed with beginners in mind, but experienced Cricut users are also welcome to join. Laptops, cutting machines, and all necessary supplies will be provided for up to 6 attendees. Bring along your enthusiasm and get ready for a fun crafting experience that will make your Thanksgiving celebrations even more special!

INSTRUCTOR: Cyndi Weeks

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 2:00pm - 4:00pm

S1: Oct. 14th | Saturday | \$30.00

CRICUT FOR BEGINNERS NEW!

SNOWMAN SHADOWBOX

Ages 10+

This is a paper craft using Cricut cutting machines to make the paper layers that will be placed in a lighted shadow box to make a wonderful winter display. Cricut machines and laptops are provided for up to 6 attendees. All materials will also be supplied.

INSTRUCTOR: Cyndi Weeks

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 2:00pm - 4:00pm

S1: Nov. 4th | Saturday | \$30.00



LEARN HOW TO PAINT WATERCOLORS

Ages 16+

Discover the captivating world of watercolor painting as you learn techniques to bring your artistic visions to life. Unleash your creativity and gain practical skills to create stunning watercolor artworks. By the end of each session, you'll have honed your abilities and produced a finished piece to be proud of. No painting experience is necessary; all materials are provided.

INSTRUCTOR: Deanna St. Martin

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 1:00pm - 3:00pm

S1: September 24th | Sunday | \$55.00

S2: October 8th | Sunday | \$55.00

S3: October 22nd | Sunday | \$55.00

S4: November 12th | Sunday | \$55.00

S5: December 3rd | Sunday | \$55.00

S6: December 17th | Sunday | \$55.00

KNITTING NIGHT!

Ages 7+

Fall is here and it's time to join in as we knit together! We will be knitting fun items to wear and share. You can even start your Christmas gift projects if you want! Join us for quality time. All knitters are welcome from newbies to pros!

INSTRUCTOR: Barbara Davis

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 6:00pm - 7:30pm

S1: Sept. 14th - Sept. 28th | Thurs. | \$22.00

S2: Nov. 2nd - Nov. 30th | Thurs. | \$29.00*

S3: Dec. 7th - Dec. 28th | Thurs. | \$29.00

*No Class November 23rd



BASIC DOG TRAINING

NEW!

Ages 16+

Establish a strong foundation of positive behavior for your furry friend. Through guided exercises and positive reinforcement, you'll learn to communicate effectively with your dog while practicing essential commands and manners. This interactive class is open to dogs aged 6 months and older, ensuring a well-rounded learning experience that benefits both you and your canine companion.

INSTRUCTOR: Go Rogue Dog Training

LOCATION: Twin Creek Bandshell

555 Twin Creeks Crossing Loop

TIME: 5:30pm - 6:30pm

S1: Sept. 20th - Oct. 11th | Wed. | \$110.00



DIGITAL PHOTOGRAPHY & ADOBE EDITING

NEW!

Ages 12+

This 3-part series is open to individuals aged 12 and older. Participants should have access to a fully manual DSLR camera. Throughout the course, students will delve into camera functions, studio lighting, outdoor photography, shutter speed and f-stop settings, lenses, composition, portrait posing, and RAW format digital editing using Adobe Photoshop. The class is designed for beginners to intermediate learners and is repeatable for continued skill development.

INSTRUCTOR: Kim Samitore

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 6:00pm - 8:00pm

S1: Sept. 11th - Sept. 25th | Mon. | \$105.00

S2: Oct. 16th - Oct. 30th | Mon. | \$105.00

S3: Nov. 6th - Nov. 20th | Mon. | \$105.00

S4: Dec. 4th - Dec. 18th | Mon. | \$105.00



MEDICARE 101

FREE!

Ages 62+

Learn about Medicare Parts A, B, and C and prescription drug plans, Part D. Gain an understanding of Medicare Advantage and Supplemental Plans, and learn how to determine which type of plan best meets your needs. Discover how Medicare works with the VA, and learn about a program that may help pay some or all of your prescription drug costs.

INSTRUCTORS: Linda Clarkson & Melissa Mlasko

LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:30pm - 6:30pm

S1: September 26th | Tuesday | Free

S2: October 10th | Tuesday | Free

SOCIAL SECURITY TIMING

FREE!

Ages 62+

This Social Security Workshop will help you select the right time to take social security income in such a way that it offers you the greatest maximum benefit. It will help you, as a pre-retiree, make sound financial choices about your retirement benefits. It will also cover how social security is taxed.

INSTRUCTORS: Linda Clarkson & Melissa Mlasko

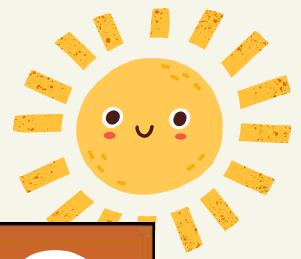
LOCATION: Haskell Rm 2 | 235 S. Haskell St.

TIME: 5:30pm - 6:30pm

S1: September 28th | Thursday | Free

S2: October 11th | Wednesday | Free





MEDFORD

PARKS, RECREATION AND FACILITIES

Medford Parks, Recreation & Facilities is the primary regional service provider for year-round adult sports leagues and affordable youth sports programs.

Youth Sports Camps / Programs

Little Hoopsters

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Golf

Youth Indoor Soccer

Lacrosse



Adult Sports Leagues

Basketball

Soccer

Softball

Volleyball



For more information:

541.774.2400

playmedford.com

sportsmedford.com



APRC

ASHLAND PARKS & RECREATION COMMISSION

CHECK OUT OUR FALL
PLAYGUIDE FOR FALL FUN!



CONNECT WITH THESE GREAT FALL OFFERINGS:
ICE SKATING | LACROSSE CLASSES
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LEARN TO PLAY GOLF | EVENTS | CLASSES

For more information: OakKnollGolf.org



FIGURE & HOCKEY SKATING CLASSES

For info: ashland.or.us/IceRink

FUN, IT'S IN OUR NATURE!

ASHLANDPARKSANDREC.ORG

541.488.5640 | PARKINFO@ASHLAND.OR.US

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Learn to **SQUARE DANCE**

LESSONS START

"SEPT 11 & JAN 8"

6:30 pm to 8:30 pm

FIRST TWO LESSONS FREE

For more info call Frances 541-890-6327



3377 Table Rock Road
Central Point

SquareDance101.com



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YOU'RE INVITED TO A **MEDICARE ADVANTAGE FAIR**

Confused about Medicare Advantage?

This is your opportunity to learn more
about how Medicare Advantage works.

Wednesday, Oct. 25th
9 a.m. – 3 p.m.

Medford Armory
1701 S Pacific HWY • Medford, OR
541.973.2100 x1



**Breakout Sessions Every
Hour From 10 AM - 2 PM**

— For more information visit —

MedicareMadeForYou.org

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Healthcare**

 **lasso**
Healthcare

 **wellcare** By  **Health Net**

 **FUTURITY FIRST**

Melissa Mlasko, Investment Advisor, & Linda Clarkson, Investment Advisor
are licensed agents and are not connected with or endorsed by the U.S. government or federal
Medicare program. For accommodations of persons with special needs at meetings, call
541.973.2100, TTY: 711. Not all Medicare Advantage plans are being represented.

COMO REGISTRARSE PARA CLASES

La registraci3n est1 abierta para todos los residentes de Central Point y no-residentes (cualquier persona localizada fuera del c3digo postal 97502). Todas las registraciones son aceptadas por orden de llegada. Reg1strate Pronto; muchas clases se llenan r1pido. Las clases pueden ser canceladas si no se llega a el m1nimo numero de participantes.



En L1nea: www.centralpointoregon.gov/schedule

Puedes navegar las listas de programas por tipo de actividad y/o localizaci3n, registrarte y pagar en l1nea. Para registrarte en l1nea necesitas crear una cuenta y pagar con tarjeta Visa o MasterCard. Para crear una cuenta, haz click en la secci3n "Log In/Create Account".



Por Tel3fono: 541-664-3321 ext. 130

Puedes llamar al Departamento de Parques y Recreaci3n de Lunes a Viernes de 8:30 a 4:30 pm para asistencia en crear tu cuenta o registrarte para clases recreacionales. Ten listo el nombre de la clase(s), fecha(s), y tu n1mero de tarjeta Visa o MasterCard.

ESPAÑOL- PROGRAMAS DE OTOÑO

MAGIA CON UN TOQUE ESPECIAL

EDAD 6-14

En esta clase interactiva y emocionante, los j3venes aprendices aprender1n habilidades de presentaci3n, ganar1n confianza al presenciar y aprender trucos de ilusionismo/magia, y crear1n sus propios animales de globos despu3s de la demostraci3n m1gica. Se proporcionar1n todos los materiales necesarios.

FOTOGRAFIA DIGITAL

EDAD 16+

Esta clase es una serie de 3 partes abierta para ni os de 12 a os hasta adultos. Los estudiantes necesitar1n acceso a una c1mara DSLR totalmente manual. Aprender1n sobre las funciones de la c1mara, la iluminaci3n interior del estudio, la fotograf1a exterior, la velocidad de obturaci3n y la configuraci3n de f-stop, las lentes, la composici3n, la pose para retratos y la edici3n digital en formato RAW utilizando Adobe Photoshop. Esta clase es repetible. Apto para principiantes hasta intermedios.

ZUMBA®

EDAD 10+

¡Perfecto para todos y para todos los cuerpos! Cada clase de Zumba® est1 dise ñada para reunir a las personas y sudar juntos. La forma en que funciona es mezclando movimientos de baja y alta intensidad para crear una fiesta de baile estilo intervalo que quema calor1as. Una vez que los ritmos latinos y mundiales comienzan, ver1s por qu3 las clases de Zumba® Fitness a menudo se consideran un ejercicio disfrazado.

CLASES DE COCINA PARA NI OS

EDAD 8-14

Ense ñaremos a los ni os a cocinar la cena para toda la familia, con un enfoque en la seguridad en la cocina, habilidades con los cuchillos y la prevenci3n de la contaminaci3n cruzada. Nuestros chefs estudiantes preparar1n la cena en clase y recibir1n las recetas para llevar a casa y recrear la comida en su propia cocina para su familia. Cada sesi3n presentar1 nuevas recetas para que los estudiantes aprendan y practiquen.

DIA DE LA HERENCIA HISPANA

El Departamento de Parques y Recreaci3n de la Ciudad de Central Point est1 organizando su primer evento en honor al Mes de la Herencia Hispana. Este ser1 un evento comunitario gratuito el viernes 22 de septiembre. Adem1s de puestos informativos de varias organizaciones, tendremos camiones de comida, m1sica de Mariachi y DJ, actuaciones del Ballet Folkl3rico, una presentaci3n de Zumba, manualidades, pi ñatas, brincolines, loter1a, y mucho m1s. El evento tendr1 lugar en Twin Creeks Park de 5:00 p. m. a 8:00 p. m. y culminar1 con una proyecci3n de la pel1cula Coco al atardecer.

APRENDE A BAILAR BACHATA

EDAD 16+

La bachata es un baile muy popular que recientemente se ha extendido por todo Estados Unidos. ¡En esta serie de clases progresivas aprender1s los conceptos b1sicos de la bachata, variaciones divertidas y comenzar1s a crear por tu cuenta en poco tiempo! ¡No se necesita experiencia ni pareja para registrarse!

HOW TO REGISTER FOR CLASSES

Registration is open to all Central Point residents and non-residents (anyone located outside of the 97502 zip code). Registration is accepted on a first come, first serve basis. **Register early; many classes fill quickly. Classes may also be canceled if the minimum registration is not met.** Participants will be notified via text message or email if a class is canceled or rescheduled.



Online: www.centralpointoregon.gov/schedule

You can browse program listings by activity and/or location, then register and pay online. To register online you'll need to have an account set up and then pay with Visa or MasterCard. To set up an account, click "Log In/Create Account".



By Phone: 541.664.3321 ext 130

You can call the Parks and Recreation Department Monday - Friday from 8:30am - 4:30pm to help you set up an account and register for recreation classes. Have the class name(s), date(s), and payment ready to go.

Central Point Parks & Recreation | parcs@centralpointoregon.gov | 541.664.3321 ext 130

Central Point Parks & Recreation Commission

Meeting Schedule

The Parks and Recreation Commission advises the City Council on matters relating to parks and recreation activities. There are seven members on this commission and they meet on a quarterly basis. Please call ahead to see if the meeting will be held in-person or online, depending on current COVID-19 guidelines.

City Council Chambers

140 S. 3rd Street | First Floor

Thursdays at 6:00pm

Upcoming Dates:

September 21st & November 2nd

Please contact the Parks and Recreation Department to confirm meeting dates.

541.664.3321 ext 130



City of Central Point Administrative Boards

City Manager

Chris Clayton

Parks & Recreation Staff

Matt Samitore
Director

Dave Jacob
Park Planner

Nikki Petersen
Recreation Manager

Elizabeth Blodgett
Special Events & Marketing

Benjamin Horton
Recreation Program Coordinator

Margarita Esparza
Recreation Specialist

Parks Maintenance Staff

Doug Norman
Public Works Supervisor

Corey Qualls
Mitchell Reagles

Tib Murillo

Wil Bateman

Chris Painter

Parks & Recreation Commission

Patricia Alvarez, Chair

Dennis Browning

Fran Cordeiro-Settell

Steph Hendrickson

Ron Woodhead

Eden Foster

Central Point City Council

Mayor
Hank Williams

Ward I
Neil Olsen

Ward II
Kelley Johnson

Ward III
Melody Thueson

Ward IV
Taneaa Browning

At-Large
Mike Parsons

At-Large
Rob Hernandez



UPCOMING SPECIAL EVENTS

sept. **09** **MADE IN SOUTHERN OREGON**
THE VALLEY'S BIGGEST MAKERS EVENT IS BACK AND BETTER THAN EVER! JOIN US ON PINE STREET FROM 9AM-4PM AS OUR MAKERS SHOWCASE THEIR AMAZING CREATIONS. WE WILL HAVE OVER 100 OF THE FINEST CREATORS IN JACKSON COUNTY!

**COMMUNITY
CHRISTMAS & LIGHTS
PARADE** **02** dec.
JOIN US FOR OUR ANNUAL LIGHTS PARADE AND TREE LIGHTING IN CENTRAL POINT. PARADE STARTS AT 5PM ON PINE STREET. TREE LIGHTING WILL FOLLOW AT CITY HALL. WE WILL HAVE FREE CRAFTS, MUSICAL PERFORMANCES AND FOOD VENDORS. DON'T FORGET TO STOP BY SANTA'S VILLAGE FOR A SPECIAL GIFT!

sept. **30**

**BATTLE OF THE
FOOD TRUCKS**

IT'S TIME TO BRING BACK OUR BEST EVENT FROM 2019! WE ARE EXCITED TO PARTNER WITH THE SIGN DUDE TO BRING THE BEST FOOD TRUCKS IN OREGON TO COMPETE FOR OVER \$10K IN CASH AND PRIZES. JOIN US IN PFAFF PARK FROM 11AM TO 4PM FOR THE MOST DELICIOUS FOOD IN THE VALLEY!

oct. **21** **LIAM'S
TRUNK OR
TREAT**

JOIN US IN CELEBRATING THE LIFE OF LIAM AT THIS ANNUAL HALLOWEEN EVENT AT TWIN CREEKS PARK FROM 4PM-6PM. ALL CHILDREN ARE WELCOME & IT'S FREE THANKS TO THE GENEROUS DONATIONS FROM THE CP PARKS & RECREATION FOUNDATION & OUR COMMUNITY!

MOVIES **28** oct.
IN THE CEMETERY

IT'S HALLOWEEN TIME AND WE WILL BE SHOWING THE SIXTH SENSE FOR THE LAST MOVIE IN THE CEMETERY THIS YEAR! THIS IS A PRE-TICKETED EVENT AND TICKETS WILL NOT BE AVAILABLE AT THE VENUE. PROCEEDS FROM THIS EVENT BENEFIT THE CEMETERY & RESTORATION PROJECTS. TICKETS ARE \$8 AND ARE AVAILABLE ONLINE ONLY AT WWW.CENTRALPOINTOREGON.GOV/SCHEDULE

For more event information, visit www.centralpointoregon.gov